



### Using Retin-A (Tretinoin) Cream or Gel (6/19)

While your skin adapts to acne therapy with Retin-A (Tretinoin), you may experience some discomfort such as irritation, redness, and peeling. The following instructions may help minimize occurrence of these effects.

**1. Wash**

Gently wash the face with a mild cleanser, such as Dove, Camay, Purpose, or Basis, and pat dry.

**2. Wait**

Wait at least 20-30 minutes before you apply Retin-A. Wet or moist skin may absorb Retin-A too quickly causing additional irritation.

**3. Apply**

Retin-A (Tretinoin) should be applied once nightly, or as directed by your provider.

Apply one pea-sized dose to the entire face, avoiding the more sensitive areas around the eyes, nose, and corners of the mouth.

Dab it on your forehead, chin and both cheeks. Spread evenly over your entire face until the medication becomes invisible. Daily sun protection is important because Retin-A (Tretinoin) may make your skin more susceptible to sunburn and other adverse effects of the sun.