



Martin A. Gross, MD, FAAP
Nisha Baur, DO, FAAP
Aaron D. Bornstein, MD, FAAP
Carolina P. Gapud, MD, FAAP

Meredith Rubini, RN, CPNP
Amy Hatch, RN, CPNP
Jennifer Carter, MS, RD, LDN

Information Regarding Influenza (Flu) Vaccines

Seasonal Influenza Vaccine

Seasonal Influenza Vaccine is offered every fall and winter. Each year the vaccine is changed to match the strains of Influenza that are predicted to circulate that winter.

The vaccine comes in two types:

1. Inactivate Influenza Vaccine. This vaccine is given as a shot and can be given to children age 6 months and older.
2. Live Attenuated Influenza Vaccine. This vaccine comes as a nasal spray and can be given to children 2 years of age and older.

Certain people should not get the nasal spray vaccine. These include children under 5 years of age with asthma or a history of wheezing within the past year, children or adolescents with chronic health conditions such as asthma, children/adolescents who are pregnant, or anyone who has an allergy to eggs. Any of these individuals can get the flu shot unless there is an allergy to eggs in which case neither vaccine can be given. For more information, please read the Influenza Vaccine handout from the CDC.

Please check the vaccine you are requesting for your child:

- Seasonal Inactivated Influenza Vaccine (Flu Shot)
- Seasonal Live Attenuated Influenza Vaccine (Nasal Spray)

Authorization

This form verifies I am requesting the above checked vaccine for: _____

Signature of person authorized to sign: _____

Date: _____