

## Behavioral and Mental Health Resources

*(last updated 01/15/13)*

### *Children's Behavioral Health Initiative*

The Children's Behavioral Health Initiative (CBHI) is an interagency initiative of the Commonwealth's Executive Office of Health and Human Services whose mission is to strengthen, expand and integrate Massachusetts state services into a comprehensive, community-based system of care, to ensure that families and their children with significant behavioral, emotional and mental health needs obtain the services necessary for success in home, school and community.

<http://www.mass.gov/eohhs/gov/commissions-and-initiatives/cbhi/home-and-community-based-behavioral-health-srvcs.html>

### *Parent Professional Advocacy League*

The Parent/Professional Advocacy League (PPAL) is a statewide family organization dedicated to improving the mental health and well being of children, youth and families through education, advocacy and partnership.

<http://ppal.net/>

### *Mass Department of Mental Health*

This department sets the standards for the operation of mental health facilities and community residential programs, provides clinical rehabilitative and supportive services for adults with serious mental illness and children and adolescents with serious mental illness and children and adolescents with serious mental illness or serious emotional disturbances

[www.mass.gov](http://www.mass.gov)

### *The ARC of Bristol County- Family Support*

Families face many challenges in their search for appropriate and available resources and services. Whether families are looking for a particular resource or are interested in knowing what resources exist, Family Support staff can provide direction. Staff are knowledgeable about federal and state benefits, services available under Mass Health, Social Security, guardianship, adaptive equipment, future planning, transition services, Educational services and programs, early Intervention services, Positive Supports training, Community resources, counseling programs, specialists, support groups, and other commonly needed resources and supports requested by families.

<http://www.arcnbc.org/>

### *Community Counseling of Bristol Counseling*

Child and Family Services at Community Counseling of Bristol County provides children, birth to 19 years, with comprehensive outpatient treatment for emotional, developmental, and behavioral problems. Our responsive and flexible programming is offered both in our offices and in the community.

<http://comcounseling.org/>

### *Southeast Behavioral Health Center*

#### *Justice Resource Institute, INC*

Behavior health center located in Taunton, outpatient community and clinical based services. Therapeutic services will be based on the behavioral needs of each individual.

[www.jri.org](http://www.jri.org)

### *Community Care Services*

Community Care Services is a private, non-profit corporation that provides emotional, educational and behavioral support to more than 7,500 children, adults, elders, and families annually throughout Southeastern Massachusetts and Rhode Island. Our licensed social workers, clinicians, medical professionals, counselors, teachers, trained mediators and administrative staff are uniquely qualified to support you and your family.

[www.communitycareservices.org/index.html](http://www.communitycareservices.org/index.html)

### *South Shore Mental Health*

South Shore Mental Health is a leader in providing services for children, teens, and families experiencing serious emotional problems, behavioral issues, developmental disabilities, and substance abuse. South Shore Mental Health has grown to include outpatient clinics in Quincy, Marshfield, Plymouth, and Wareham. We also offer services along the continuum of care including day treatment, intensive wrap-around services, and community and job skills for adults and adolescents focused on increasing each client's independence. In addition, we provide child and family services in the home, school, childcare center, group residence and other community settings.

<http://www.ssmh.org>

### *Walden Behavioral Health Care*

In-patient or out-patient therapy for adolescent treatment for Eating Disorders. Working with children 12-17 years old. Multiple locations available.

[www.waldenbehavioralcare.com](http://www.waldenbehavioralcare.com)

### *May Institute*

May Institute is an award-winning non-profit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and behavioral health needs

[www.mayinstitute.org/about/our\\_organization.html](http://www.mayinstitute.org/about/our_organization.html)

### *South Bay Outpatient Therapy*

At South Bay, the goal of treatment is to encourage individuals and families to become self-sufficient and live as independently as their abilities allow. In support of our clients' self-sufficiency, South Bay provides a continuum of services including intensive family therapy individual therapy, dual diagnosis, school based services.

[www.southbaymentalhealth.com/outpatient1.html](http://www.southbaymentalhealth.com/outpatient1.html)

### *DCS Mental Health, Inc.*

DCS provides services to children, adolescents, and adults, as well as to couples and families, experiencing a wide array of concerns including, but not limited to:

- low self-esteem
- parent and child conflicts
- school and learning problems
- relationship conflicts
- loss and transition issues
- stress management
- depression and anxiety
- medication management

[www.dcsmentalhealth.com](http://www.dcsmentalhealth.com)

### *The Children's Room: Center for Grieving Children and Teens, Inc. \**

The mission of The Children's Room is to help grieving children, teens, and families in our communities to go on living fully.

[childrensroom.org](http://childrensroom.org)

### *The Compassionate Friends-Grief Support After the Death of a Child*

Whether your family has had a child die (at any age from any cause) or you are trying to help those who have gone through this life altering experience, The Compassionate Friends exists to provide friendship, understanding, and hope to those going through the natural grieving process.

Through a network of more than 650 chapters with locations in all 50 states, as well as Washington DC, Puerto Rico, and Guam, The

Compassionate Friends has been supporting bereaved families after the death of a child for four decades.

[www.compassionatefriends.org/](http://www.compassionatefriends.org/)

### *Hope Floats*

Hope Floats Healing and Wellness Center is an educational center for individuals and families who are grieving or face other life challenges. The center helps people cope with **bereavement**, improve their **wellness**, and explore **mind-body-spirit connections**.

[www.hopefloatswellness.com/](http://www.hopefloatswellness.com/)