

Healthy Child-Healthy Teen

(last update 6/15/12)

Girls Health.gov

Website geared for girls between the ages of 10 and 16 with information regarding their body, nutrition, feelings, bullying, safety and other useful information while transitioning from a child to adolescent.

www.girlshealth.gov

Center for Young Women's Health

Website brought by Children's Hospital Boston working in collaboration with gynecology and adolescent and young adult medicine providing young girls with information on nutrition/fitness, emotional health, gynecology and other topics that effect young girls.

www.youngwomenshealth.org

BAM-Body and Mind

Website created by the Centers for Disease Control for children 9-13 years old. Providing information to assist children to make healthy life choices.

www.bam.gov

Young Men's Health

Website brought by Children's Hospital Boston providing health information to teens boys and young men. Website is designed to improve their understanding of normal health and development.

www.youngmenshealthsite.org

Teens Health

Website that provides honest, accurate information and advice about health, emotions, and life.

www.kidshealth.org/teen